



Introduction to Change Management

Duration

0.5 days

Suitable For

For anyone managing a team and especially those who are considering making any sort of change to how the team functions.

Objectives

By the end of the course delegates will be able to:

- Understand the change process from an organisational and individual perspective.
- Describe the types of organisational change and explain the importance of managing change.
- Explain the stages an individual moves through during change.
- Describe the main reasons why people are resistant to change.
- Apply the knowledge of the stages an individual moves through and why they resist change to identify the main enablers of effective change management.
- Describe how the enablers of change management relate to change management theory.

Course content

- The relationship between change and organisational development
- What is change and the importance of managing change
- The types of change.
- The impact of change on employees.
- Resistance to change and how to overcome it.
- The Four Rooms of Change.
- The process of transition.
- Enablers of change.
- The 7 C's of change.
- Kotter's 8 steps to Leading Change.

